

# Older Adults' Top Needs Across 8 Countries

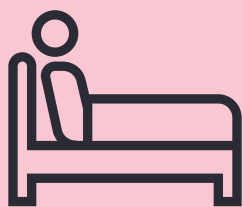
ACT's digital tools assessed **1,451 older adults** (average age 75.3; 914 female) living at home across **eight countries**, mapping 53 possible health and wellbeing concerns based on WHO's preventive care framework

**Eight concerns** were reported by more than **one-third** of participants, highlighting **urgent priorities where policy action could ease suffering, strengthen resilience, reduce long-term care needs, and promote healthy ageing.**



46.4%

Moderate to Severe Bodily Pain



42.9%

Insomnia



40.4%

Forgetfulness



38.6%

Lack of Exercise



38.4%

Needing Help with Housework



37.7%

Financial Concerns



35.4%

Loneliness



34.5%

Foot Problems